



June 30, 2016

NR #128-16

NEWS RELEASE

Constantine Issues Stock Options

Vancouver, BC – Constantine Metal Resources Ltd. (TSX Venture Exchange – CEM) ("Constantine" or the "Company") announces the issuance of 2,450,000 stock options to purchase 2,450,000 shares of the Company at an exercise price of \$0.10 cents per share, expiring June 30, 2021. The stock options are being issued to directors, officers and employees of the Company and are subject to approval by regulatory authorities.

About the Company

Constantine is a mineral exploration company led by a proven technical team with a focus on premier North American mining environments. The company's principal asset is the Palmer copper-zinc-silver-gold VMS Project located in Alaska that is being advanced in partnership with Dowa Metals & Mining Co., Ltd. Constantine also controls a pipeline of quality gold projects in the Timmins camp Ontario and Yukon. Management is committed to meaningful community engagement, environmental stewardship, and responsible mineral exploration activities that support local jobs and businesses. Please visit the Company's website (www.constantinemetals.com) for more detailed company and project information.

On Behalf of Constantine Metal Resources Ltd.

“Garfield MacVeigh”

President

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Note: Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.